

“Fire Rehab is not for Wimps”

Firefighting has the greatest short term physical demands of any profession. The National Fire Protection Association (NFPA) 1584 Rehab Standard requires SOGs, education, fire officer participation with EMS, supplies, medical monitoring and specific documentation. Learn the nine key components of 1584 compliant rehab, plus reality based options for integrating rehab into your department. No longer is Rehab just for wimps. Effective rehab operations increase work capacity, help firefighters work harder, and boost firefighting manpower. This session will provide attendees with a clear explanation and overview of the NFPA 1584 standard accompanied by realistic and easy to accomplish mechanisms for implementing rehab education and rehab operations whenever and wherever needed.



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Dr. Mike McEvoy is the EMS Coordinator for Saratoga County, New York and EMS Director on the Board of the New York State Association of Fire Chiefs. He is a Clinical Associate Professor of Critical Care Medicine at Albany Medical College in New York and a clinical nurse specialist in adult and pediatric cardiac surgery. Mike is a paramedic for Clifton Park-Halfmoon Ambulance, chief medical officer and firefighter/paramedic for West Crescent Fire Department. He is the EMS editor for Fire Engineering magazine and is actively involved in numerous research studies on carbon monoxide and cyanide exposures in firefighters and civilians in the U.S., Canada, and the U.K. In his free time, Mike is an avid hiker and winter mountain climber.